



PSP CON 2022 - "PRISM OF POSSIBILITIES"
3rd Annual International Conference - Pakistan Society of Physicians
Date: November 4th, 5th, 6th 2022; Venue: Marriott Hotel, Islamabad



| Day 1 | | |
|---|---|---------------------|
| 4 th November 2022 - FRIDAY | | |
| Main Conference - Scientific Session 9-11:00 am | | |
| Pulmonology / Infectious diseases | | |
| Venue | MARRIOTT HOTEL ISLAMABAD | |
| Timings | 9:00 am - 11:00 am | |
| CHIEF GUESTS | PROF MOBEEN IQBAL BRIG BABAR CHEEMA | |
| Chairpersons | PROF NAGHMAN BASHIR PROF RIZWAN QAZI DR COL MUHAMMAD AAMIR PROF MUHAMMAD KHURRAM PROF SHAJEE SIDDIQUI | |
| Moderator | DR ABDUL NAEEM/ DR MADEEHA NAZAR | |
| Coordinator | DR HUNZA ALTAF | |
| Experts | PROF FARIDA TAHIR DR AQDAS KAZI DR ABRAR AKBAR DR MUHAMMAD RIZWAN DR JAHANZEB MAQSOOD | |
| Hours | Talks | Speakers |
| 9:00- 9:15 am | <i>Invasive Ventilation in COVID</i> | PROF MOBEEN IQBAL |
| 9:15-9:30 am | <i>NIV in COVID</i> ; different interphases of oxygen therapy | PROF AZAM MUSHTAQ |
| 9:30-9:45 am | <i>Post Covid Conditions</i> -What oxygen is to the lungs; such is hope to the meaning of life. | DR SOHAIL RAJA |
| 9:45-10:00 am | <i>Future Of Covid -19</i> - Breaking through pandemic Fog | DR IRFAN MALIK |
| 10:00-10:15am | <i>COPD Therapy</i> : Beyond the Inhalers | DR SALMA ZEB |
| 10:15-10:30am | <i>AMR- XDR Typhoid</i> | DR NASEEM AKHTAR |
| 10:30-10:45am | <i>An Update on Sepsis</i> : What's New? | DR. AMJAD MEHBOOB |
| 10:45-11:00am | <i>End Of Life Care</i> - it's not the years in your life that count. It's the life in your years | DR. MUHAMMAD LUQMAN |
| Question & Answer session | | |
| WORKING TEA 10:00 am-1:30 pm | | |

| Day 1 | | |
|--|---|--------------------|
| 4 th November 2022 - - FRIDAY | | |
| Main Conference - Scientific Session 11:00 -01:00 | | |
| Diabetesity | | |
| Venue | MARRIOTT HOTEL ISLAMABAD | |
| Timings | 11:00-1:00 pm | |
| Chief guest | PROF JAMAL ZAFAR/ PROF ABDUL BASIT | |
| Chairpersons | PROF SHOAIB SHAFI PROF WASEEM UD DIN PROF JAMIL AHMED PROF SALEEM QURESHI COL DR ASIF HABIB | |
| Moderator | PROF NADIA SHAMS/ DR SANA UMAR | |
| Coordinator | DR MARYAM CHAUDHARY | |
| Experts | PROF ZAFAR HAYAT PROF RAUF NIAZI PROF ATTIYA SABEEN REHMAN DR MUJEEB UR REHMAN DR ATTA MUHAMMAD | |
| Hours | Talks | Speakers |
| 11:00-11:15am | <i>Diabetesity</i> - a multidisciplinary approach to management | DR HAMZA ALI KHAN |
| 11:15-11:30am | <i>Update on Diabetes Management</i> | PROF QAISER JAMAL |
| 11:30-11:45am | <i>Weight a minute</i> - update on anti-obesity medicines | DR. NOMAN WAZIR |
| 11:45-12:00pm | <i>100 years of insulin</i> | DR IQBAL HAIDER |
| 12:00-12:15pm | <i>Pre-diabetes- an ignored entity</i> | PROF TAHIR HUSSAIN |
| 12:15-12:30pm | <i>Empathy</i> - the missing link in diabetes management | DR ALI ASGHAR |
| 12:30-12:45pm Question & Answer session | | |

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| JUMMA PRAYER BREAK - 1:00-02:00 pm | | |
| + | | |
| WORKING TEA - 2:00-5:00 pm | | |



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| 4 th November 2022 - FRIDAY | | |
| Main Conference – Scientific Session | | |
| Maternal Medicine 2:15 -5:00 pm | | |
| Venue | MARRIOTT HOTEL ISLAMABAD | |
| Timings | 2:15 pm-5:00pm | |
| Chief guest | PROF MATTI-ULLAH | |
| Chairpersons | PROF RIZWANA CHOUDHARY | |
| | PROF ASMA USMANI | |
| | PROF FAHMEEDA SHAHEEN | |
| | PROF LUBNA EJAZ | |
| | PROF WAZIR MUHAMMAD | |
| Moderator | DR SOBIA NAWAZ / DR MALEEHA ASIF | |
| Coordinator | DR AFSHAN IDREES/ DR NIDA ANJUM | |
| Experts | PROF GENERAL ABEERA | |
| | PROF AMBREEN ANWAR | |
| | PROF UZMA BANO | |
| | PROF ATIFA SHOAB | |
| | DR SAIMA SHAFIQUE | |
| | DR. KHALID SHAHAB | |
| Hours | Talks | Speakers |
| 02:15-02:40pm | Gestational diabetes management: Role of Oral Hypoglycemics & Insulin- Selecting the best | PROF MATI-ULLAH |
| 02:40-03:00pm | Hypertension in Pregnancy- a silent killer | PROF LUBNA EJAZ |
| 03:00-03:15pm | Jaundice in Pregnancy- adding to the agony | PROF IRUM SHAKIR |
| 03:15-03:30pm | Thrombocytopenia in pregnancy | PROF ATIFA SHOAB |
| 03:30-03:45pm | Cardiac diseases in pregnancy- it's not just a pump. The heart is life. | DR YASIRA ABBASI PROF LUBNA MERAJ |
| 03:45-4:00 pm | Peri-partum renal failure | DR MOMINA MANZOOR |
| 04:00-4:15 pm | Physical therapy perspective; in gynae & Obs. | DR SADAF TAREEN |
| 04:15-04:30pm | Epilepsy in Pregnancy | DR SAHRISH A KAZI |
| 4:30-4:45pm | Anemia/ Thalassemia in pregnancy | DR SAIMA ZUBAIR |
| 4:45-5:00pm | Rheumatological disorders in pregnancy | DR BINA HAMEED |
| Question & Answer session | | |

| 4 th November 2022 - Friday | | |
|---|--|--|
| Inauguration Ceremony + Welcome address | | |
| Venue | MARRIOTT HOTEL, ISLAMABAD (Marque) | |
| Timings | 5:30-6:00 pm | |
| Moderator | PROF LUBNA MERAJ/ DR BAHJAT NAJEEB | |
| Opening speech | PROF MUHAMMAD UMAR (VC RMU) | PROF USMAN KHATTAK (FOUNDER PSP) |
| | PROF BUSHRA KHAR (CHIEF IN PATRON) | DR AWAIS NAEEM (CURRENT PRESIDENT PSP) |
| Chief guest | PROF DR ADEEB RIZVI (SIUT) | |

| INVITEES OF INAUGURATION CEREMONY | | |
|---|---|--|
| PROF. ISHAQ KHATTAK PROF. NOOR WAZIR PROF. KHALID MEHMOOD PROF. HASHIM UDDIN AZAM PROF. SHIRAZ JAMAL PROF. JAVED IQBAL FAROOQI PROF. MUMTAZ MARWAT PROF ZAFAR HAYAT (KPK) PROF ABDUL BASIT (BIDE) PROF TAHIR IQBAL DR OSAMA ISHTIAQ PROF SYED IRFAN (IMDC) PROF UMAR ALI KHAN (NMC) | PROF SHOAB SHAFI PROF TARIQ BAQAI PROF JAVED IKRAM (UHS) PROF AFTAB MOHSIN (LHR) PROF JAHANGIR SARWAR (RMU) PROF MUSADDIQ KHAN PROF MUNEER SLATCH MAJ.GEN.M TAHIR KHADIM MAJ. GEN@ HAMID SHAFIQ PROF MUHAMAMAD IQBAL (STMU) PROF MOBEEN IQBAL PROF MUJTABA QADRI (MIH) PROF RIZWAN QAZI | PROF JAMAL ZAFAR PROF TANWIR KHALIQ (SZABMU) PROF UMER ALI KHAN (AL NAFEEES) MR KHAKAN WAHEED (RIHS) MIAN RASHEED (WATEEN MED COL) PROF SHOAB SHAH GEN JAVED ANSARI (FFH) MAJ GEN ABDUL KHALIQ NAVEED (WMC) PROF AMIR SHAHZAD MR ARIF (DRAP) DR SOMIA IQTIDAR (LHR) PROF DR SHEHZAD ALI KHAN (HSA) PROF RAUF NIAZI |

| Day 1 | | |
|--|---|------------------------------|
| 4 th November 2022 - FRIDAY | | |
| STATE OF THE ART | | |
| Venue | MARRIOTT HOTEL ISLAMABAD | |
| Timings | 6:00 pm-9:00pm | |
| Hours | TOPICS | PRESENTERS |
| 6:00-6:15pm | MODEL OF SIUT (ADDRESS/DOCUMENTARY) | DR ADEEB RIZVI (SIUT) |
| 6:15-6:40pm | MODEL OF RMU | PROF MUHAMAMAD UMAR (VC RMU) |
| 6:40-7:00pm | MEDICAL NEGLIGENCE AND LEGAL FRAMEWORK | DR AZIZ UR REHMAN |
| 7:00-7:20pm | 360° EVALUATION OF POSTGRADUATE RESIDENTS AT RMU: APPRAISING THE ACHIEVEMENT OF CORE COMPETENCIES BY COMPARING THE SCORES OF 1 ^{sts} & 2 nd CYCLE OF EVALUATION | DR RIZWANA SHAHID |
| 7:20-7:40pm | INTERNAL MEDICINE TRAINING IN PAKISTAN: ARE WE DOING ENOUGH | DR. FAROOQ AHMED |
| 7:40-8:00pm | PROFESSIONALISM TOOL | DR KHAULA |
| Question & Answer session | | |



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| 4 th November 2022 -Friday | |
|---|--|
| Opening of Exhibition + Posters Display /Parallel session | |
| Venue | MARRIOTT HOTEL ISLAMABAD (Pool side area) |
| Timings | 7:00 - 8:00 pm |
| Judges | PROF BUSHRA KHAR/ PROF AMIR SHAHZAD/ / PROF UZMA BANO/ PROF MURTAZA GONDAL/ PROF NAHEED GUL/ PROF SHAHZAD KHAN/PROF ZAFAR HAYAT/ PROF. ISHAQ KHATTAK / BRIG WAQAR AHMED/ PROF JAVED IKRAM. |
| Dinner (8-9pm) MARRIOTT HOTEL ISLAMABAD (Upper marquee) | |

| 5 th November 2022 - Saturday | | |
|--|--|----------------------------------|
| Main Conference - Scientific Session | | |
| ORGAN TRANSPLANT & DONATION | | |
| Venue | MARRIOTT HOTEL ISLAMABAD (Marque) | |
| Timings | 9:00 am-11:00 am | |
| CHIEF GUEST | PROF ADEEB RIZVI (SIUT) PROF SAEED AKHTAR (PKLI) | |
| Chairpersons | PROF NASIR LUCK (SIUT) | |
| | PROF GENERAL PERVEZ | |
| | COL DR NADEEM AZAM | |
| | MAJ GEN KHURSHID M UTTRA ® | |
| | PROF NAYYAR MEHMOOD | |
| Moderator | DR USMAN ZAFAR/ DR NOOR | |
| Coordinator | DR ASIF KHAN | |
| Experts | PROF ADIL MANZOOR (PKLI) | |
| | PROF AZIZ UN NISA | |
| | PROF ASAD BASHIR (PKLI) | |
| | DR ARSHAD RABBANI | |
| | DR ARSHAD SATTI | |
| Hours | Talks | Speakers |
| 9:00-09:15 am | Renal Transplant- The only gift is a portion of thyself. | DR SAEED AKHTAR/ DR ADIL MANZOOR |
| 9:15-09:30 am | Evolution of Liver Transplant - over the past decade, Recall to life | DR FAISAL DAR |
| 9:30-09:45 am | Organ Donation- The measure of life is not its duration but its donation | DR MUDASSIR LAEEQ |
| 9:45-10:00 am | Multiple Corneal transplants from single donor | COL TEYYEB JANJUA |
| 10:00-10:15am | Corneal Transplant - Let it travel down the years. | DR SADIA FAROOQ |
| 10:15-10:30am | Stem Cell transplant in Pakistan. | PROF GEN. PERVEZ |
| 10:30-10:45pm | Advancements in Bone marrow transplant - | LT.COL TARIQ AZAM KHATTAK |
| 10:45-11:00pm | Perspective of USA ICU for organ donation - To the sick, while there is life there is hope | DR OMAR REHMAN |
| Question & Answer session WORKING TEA 10:00-11:30 am | | |

| 5 th November 2022 - Saturday | | |
|--|---|--------------------|
| Main Conference - Scientific Session | | |
| Rheumatology and Nephrology | | |
| Venue | MARRIOTT HOTEL ISLAMABAD (Marque) | |
| Timings | 11:00 am - 1:00 pm | |
| CHIEF GUEST | PROF KAMRAN HAMEED/BRIG. MUSHTAQ | |
| Chairpersons | PROF JAVAID MAHMOOD MALIK | |
| | PROF DR KHALID MEHMOOD | |
| | PROF MUJTABA QADRI | |
| | PROF. DR. ISHAQ KHATTAK | |
| Moderator | DR SONIA BAKHTIYAR/ DR EHTSHAM HAFEEZ | |
| Coordinator | DR AYESHA SAMAN/ DR SANA | |
| Experts | PROF HASHIM UDDIN AZAM | |
| | PROF NOOR WAZIR | |
| | DR NAUREEN CHOUDHARY | |
| | DR SAJID NASIM | |
| | DR TAHIR ZAFAR | |
| Hours | Talks | Speakers |
| 11:00-11:15 am | Tricks and trades of managing hypertension in CKD | PROF MUJTABA QADRI |
| 11:15-11:30am | New Diabetes Therapies in CKD | DR. MUFTI BALEEGH |
| 11:30-11:45am | Cardio-renal and hepatorenal syndrome | PROF AMJAD ALI |
| 11:45-12:00pm | Gout - The disease of Kings | DR AWAIS NAEEM |
| 12:00-12:15pm | Vitamin D; beyond the bone. | PROF NADIA SHAMS |
| 12:15-12:30pm | Osteoporosis- not an inevitable rather preventable | DR MUHAMMAD HAROON |
| 12:30-12:45pm | Fibromyalgia, What's New | DR. FAHAD NAIM |
| 12:45-1:00pm | Therapeutic aims in RA; remission Vs Low disease activity' | PROF KAMRAN HAMEED |
| 12:45-1:00 pm QUESTION ANSWERS SESSION | | |
| LUNCH 1:00-2:00 pm MARRIOTT HOTEL ISLAMABAD (Upper marquee) | | |



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5th November 2022 SATURDAY

Main Conference - Scientific Session

Gastro-hepatology

| | | |
|--------------------------------------|--|-----------------------------|
| Venue | MARRIOTT HOTEL ISLAMABAD (Marque) | |
| Timings | 2:00-4:00 pm | |
| CHIEF GUEST | PROF MUHAMAMAD UMAR/ PROF BUSHRA UMAR | |
| Chairpersons | GENERAL TASAWWAR HUSSAIN | |
| | GENERAL AMJAD SALAMAT | |
| | DR TARIQ MEHR | |
| | PROF ASIM ZULFIQAR | |
| | PROF TANVEER | |
| Moderator | DR ANUM ABBAS / DR AQSA | |
| Coordinator | DR SADIA | |
| Experts | PROF SHAHZAD MANZOOR | |
| | A PROF SAIMA AMBREEN | |
| | PROF ATIF BAIG | |
| | PROF KALEEM TOORI | |
| | PROF MIAN RASHEED | |
| Hours | Talks | Speakers |
| 2:00-2:15 pm | Gut-Liver-Brain axis in Liver cirrhosis | PROF DR JAVED IQBAL FAROOQI |
| 2:15-2:30 pm | Liver assessment in diabetic patient; physician's perspective | DR FARHAN ALI |
| 2:30-2:45 pm | HCV treatment in special populations | DR JIBRAN UMAR AYUB |
| 2:45-3:00 am | IBS - Bread & Butter for Physicians | PROF DR. INTEKHAB ALAM |
| 3:00-3:15pm | Current trends in management of GERD | DR TAYYAB SAEED AKHTAR |
| 3:15-3:30pm | H. Pylori management guidelines for Pakistan | DR JAVERIA KHAN |
| 3:30-3:45pm | Pancreatic Carcinoma Screening | DR SHIFA UMAR |
| 3:45-4:00pm | Role of Probiotics | DR AQSA/DR ANUM |
| Question & Answer session | | |

5th November 2022 - Saturday

Main Conference - Scientific Session

Neuro-cardiovascular

| | | |
|--------------------------------------|---|------------------------|
| Venue | MARRIOTT HOTEL ISLAMABAD | |
| Timings | 4:00-7:00pm | |
| CHIEF GUEST | PROF ASIM JAVAID (RIC) | |
| Chairpersons | PROF FAZAL UR REHMAN | |
| | PROF MAIMOONA SIDDIQUE | |
| | PROF MASOOD AHMED | |
| | PROF NUSRAT ARA | |
| | PROF MUHAMAMD ALI KHALID | |
| Moderator | DR SHAHBAZ/ DR NIDA ANJUM | |
| Coordinator | DR AYESHA SAMAN/ DR MARYAM CHAUDHARY | |
| Experts | PROF SHAHBAZ QURESHI | |
| | PROF IMRAN SAEED | |
| | PROF AYESHA MAQSOOD | |
| | DR HUNAIN HASHIM | |
| | DR FAWAD RAHIM | |
| Hours | Talks | Speakers |
| 4:00-04:15pm | Acute Stoke in public sector Hospital, KPK | DR. ALIENA BADSHAH |
| 4:15-4:30pm | Acute /Hyperacute stroke intervention - TPA thrombolysis and Mechanical thrombectomy- Make very minute count | DR SALMAN QAYYUM |
| 4:30-4:45pm | Neurocritical care; a feather in the cap. | DR WAQAR HAFEEZ |
| 4:45-5:00pm | Basics of Stroke Rehabilitation- we have plenty of tomorrows to compensate for yesterday. | DR FAROOQ AZAM RATHORE |
| 5:00-5:15pm | Multiple sclerosis - every day is a second chance | DR HARIS MAJID RAJPUT |
| 5:15-5:30pm | Neuromuscular clinics and genetic testing - It's all written in DNA | DR EHTISHAM KHALID |
| 5:30-5:45pm | Why every physician must diagnose peripheral vascular disease? | DR SOHAIL KHAN |
| 5:45-6:00pm | Physical Therapy- approach to treat vertigo? | DR HASEEB SHAH |
| 6:00-6:15pm | 4 pillars of heart failure | DR FAWAD FAROOQ |
| 6:15-6:30pm | Atrial Fibrillation, Rate Control Vs Rhythm Control | DR SHOAB SUBHAN |
| 6:30-6:45pm | Ischemic heart disease in women | PROF NUSRTA ARA |
| Question & Answer session | | |

5th November 2022 - Saturday

GENERAL BODY MEETING & EXECUTIVE COUNSEL MEETING

| | |
|---------------------|-----------------------------------|
| Venue | MARRIOTT HOTEL ISLAMABAD (Marque) |
| Timings | 6:30-7:15 pm & 7:15-8:15 PM |
| Agenda | PLENARY SESSION/ FUTURE ROAD MAP |
| Chair | PRESIDENT PSP |
| Co-chair | ALL CHAPTERS |
| Panel Of Discussion | MEMBERS PSP |

Dinner

(8:15-9:30 pm)

MARRIOTT HOTEL ISLAMABAD (Upper marque)



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| 6 th November 2022 - Sunday | | |
|--|--|------------------------|
| Main Conference - Scientific Session | | |
| Oncology/ Pearls of Wisdom | | |
| Venue | MARRIOTT HOTEL ISLAMABAD (Marque) | |
| Timings | 9:00 am -12:00 noon | |
| CHIEF GUEST | PROF FAHEEM/ PROF HUMERA FAHEEM | |
| Chairpersons | PROF KAMRAN RASHEED | |
| | PROF SARMAD | |
| | PROF USMAN KHATTAK | |
| | PROF BACHA AMIN | |
| | PROF DR AMIR KHAN | |
| Moderator | DR HAMZA ALI KHAN/ DR WAQAR | |
| Coordinator | DR OBAID | |
| Experts | PROF KHURRAM SHAHZAD | |
| | PROF KALEEMULLAH TORI | |
| | PROF MUMTAZ MARWAT | |
| | DR UZMA BATOOL | |
| | DR ASIF MASOOD | |
| Hours | Talks | Speakers |
| 9:00-9:15am | An approach towards suspected cancer patient- The holistic approach | DR UZMA QASIM (SHIFA) |
| 9:15-9:30am | Sorting out breast lumps - Modest doubt is called the beacon of the wise. | DR ASIF MASOOD (SHIFA) |
| 9:30-9:45am | Colorectal Carcinoma- Your lifestyle pulls the trigger | DR KAMRAN RASHEED |
| 9:45-10:00am | Suspecting malignancy in patients with chronic cough or shortness of breath- Faith is to suspect. | PROF SAMAD |
| 10:00-10:15am | Goal of chemotherapy and radiotherapy in cervical cancer- Aim to achieve. | DR SAROSH |
| 10:15-10:30am | Stem cell transplant in SIH | PROF AZHAR SHAFI |
| 10:30-10:45am | Prognostications in Cancer | DR. MUHAMMAD TARIQ |
| 10:45-11:00am | End of Life care for Cancer patients | DR AQDAS QAZI |
| 11:00-11:15am | NOAC's - risks and recommendations. | DR BUGHDAD KHAN |
| 11:15-11:30am | Assessment of the Old Patients: Tips and Tricks for the Busy Clinician | PROF AZMAT ALI |
| 11:30-11:45am | Research integrity: Role of Institution and Supervisors in Training of future clinical Researcher | PROF. AKHTAR SHIREEN |
| Question & Answer session | | |
| Closing Ceremony 12:00 - noon | | |